



Increasing access for wāhine

# Colposcopy in the community

Judy Ormandy



**Equality is everyone getting a pair of shoes.**



**Diversity is everyone getting a different type of shoe.**



**Equity is everyone getting a pair of shoes that fits.**



**Acceptance is understanding we all wear different kinds of shoes.**



**Belonging is wearing the shoes you want without fear of judgment.**

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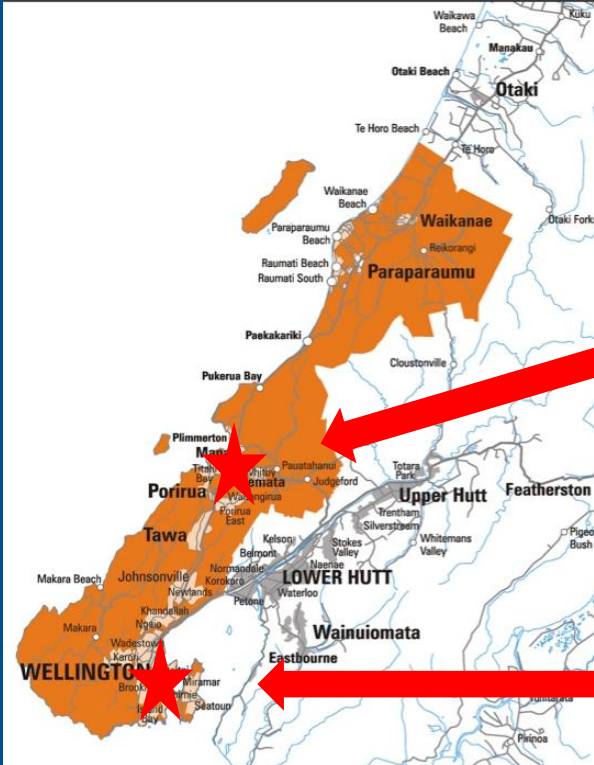
# Background



- Cervical screening services in Aotearoa are inequitable
- Major risk factor for developing cervical cancer in Aotearoa is under / not screened
- Wāhine Māori have higher incidence & mortality from cervical cancer
- Introduction to HPV screening has potential to increase access to primary screening
- Barriers to colposcopy include:
  - Cost
  - Health literacy
  - Mistrust of health system
  - Structural barriers: sexism, racism
  - Trauma
- There is a need for culturally appropriate colposcopy services



# Capital & Coast region



# Maraeroa Marae Health Clinic



# Maraeroa Marae Health Clinic

- Established in 1970 by local whānau & hāpori / community
- Hauora opened June 1995 – provide better primary health services for Māori
- Moemoea / Our Vision
  - Opportunities so that whanau can thrive within our Porirua community, to participate and enjoy tikanga Māori while having their health & social needs met or exceeded
- Whakatakanga / Our Mission
  - To promote leadership through role modelling that supports the community by being a cultural centre of excellence within the Wellington region with Maraeroa Marae as a turangawaewae or standing place
- Tikanga & Kaupapa
  - Principles of Te Tiriti O Waitangi: Partnership, protection & participation
  - Kotahitanga
  - Manaakitanga
  - Mana Motuhake



Maraeroa Marae  
**Health Clinic**  
Ka Ora te Whanau Ka Ora te Iwi  
*Strengthening our Families Strengthening our People*



# Maraeroa Marae Health Clinic

## Kaupapa Māori Primary & Public Health Services

- Well Child Tamariki Ora services
- Hanga Huringa Te Hauora AOD Assessment and Triage Service
- Nga Kete Aronui Kaupapa Māori Primary Mental Health and Addictions
- Cervical Screening
- Whare ki te whare kaiarahi Navigation Service
- COVID 19 Vaccination Clinic
- Māori Community Health Whanau Ora
  - Kaumatua exercise
  - Cancer Support
  - Mate Wareware Dementia Support
- Co-located clinics
  - Sleep apnoea
  - Optometry
  - Colposcopy
  - Asthma care & Asthma start research with Tamariki – Medical Research Institute of New Zealand

# Colposcopy Clinic



# Colposcopy Clinic at Maraeroa Marae



**Naumai haere mai and welcome to the colposcopy clinic at Maraeroa Marae.**

**This is a new initiative at Maraeroa Marae Health Clinic so that you can have your colposcopy done closer to home. Maraeroa Marae Health Clinic is at 216 Warspite Ave Waitanguria.**

Doctor Judy Ormandy



The doctor who will be doing your colposcopy is Dr Judy Ormandy. Judy is a specialist Obstetrician & Gynaecologist who works at Wellington Hospital and the University of Otago. Judy is an experienced colposcopist who also performs colposcopies at Wellington Hospital. She is excited to be working with the team at Maraeroa Marae Health Clinic as part of this project. Outside of work, Judy is a keen scuba diver and underwater photographer.

Nurse Bernie Haenga- Melvin



The nurse who will be working in the clinic is Bernie Haenga- Melvin. Bernie introduces herself here:

*My name is Bernie Haenga Melvin. I was born and raised on the East Coast of Gisborne. I have four adult children and six grandchildren with one on the way. My previous work experience was working in a elderly residential and hospital care facility for 24 years, at times I would be the in-charge nurse.*

*For the last 5 years I have been working for Maraeroa Marae Health Clinic (MMHC) as a Well Child/Tamariki Ora nurse/Kaiawhina. During the pandemic I trained as a provisional vaccinator for MMHC Community Covid Vaccination Hub. I always look forward to expanding my clinical skills and I am very excited to be given this opportunity to be working alongside Dr Judy Ormandy and the Wellington team. Looking forward to meeting families/whanau of our community.*

Following your appointment, you will be invited to participate in a study where you will be asked about your experiences of having the colposcopy done at Maraeroa Marae Health Clinic. This would be at a separate time to your colposcopy appointment. This is optional. If you decide to participate in the interview, you will receive a \$50 grocery voucher as koha for your information and time.

Maringi Campbell



Maringi Campbell will be the researcher who will be doing the interviews. You will be able to meet Maringi when you come in for your appointment. Maringi introduces herself here:

*Kiaora koutou katoa*

*My name is Maringi and I am currently working at Maraeroa Maori Health Community Clinic as a Kaiawhina. I have a background in social work and I look forward to working alongside the team in supporting wāhine in their hauora.*

You are welcome to bring whānau and friends along to your appointment.

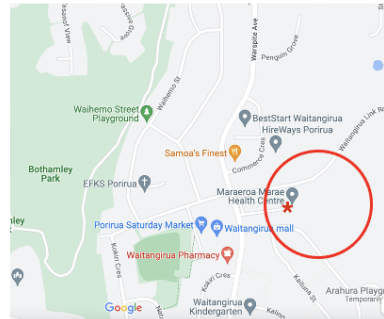
If you have any questions before your colposcopy appointment you can contact:

Bernie Haenga- Melvin      **021 772 313**  
Judy Ormandy                      **judy.ormandy@otago.ac.nz**

If you would like transport to get to the appointment, we can arrange this. Please contact  
Bernie Haenga – Melvin      **021 772 313**  
Linda Tully (Wellington Hospital)      **04 806 0780**

We look forward to meeting you.

Map:

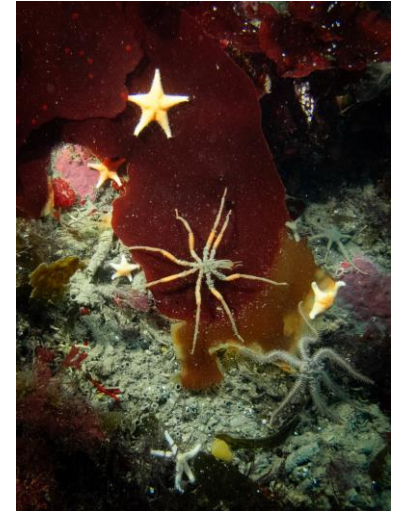
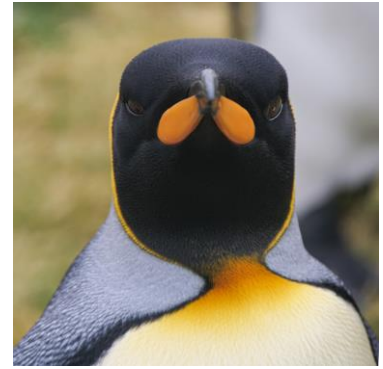




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# Clinics

- 8 - 9 wāhine booked per clinic
- Referred through standard Te Whatu Ora processes
- Offered alternative of being seen at MMHC for colposcopy
- Diagnostic colposcopy only
- Hospital administration & computer systems utilized
- Tried different times
- Colposcopist, Nurse assistant & Kaiawhina



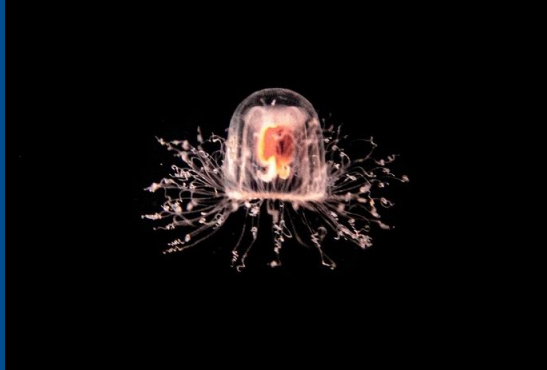
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# Kōrero with Wāhine

- 29/31 wāhine consented to kōrero
- 4 wāhine who declined to be seen also interviewed
- Ethnicity:
  - 29 attendees who kōrero
    - 14 Māori
    - 7 Pacific
    - 6 Pakehā / New Zealand European
    - 2 other European
  - 2 who declined to kōrero
    - 1 Pakehā
    - 1 Burmese



## Kōrero:



Semi structured questions

Audio-recording of conversations  
transcribed

Salient quotes are presented verbatim

Main Themes

- Transcripts read and re read and themes derived
- Coding structure applied to transcripts to yield themes

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## 4 wāhine who declined appointments

- Misunderstood that it was an equivalent service
- Day not suitable for them



# Previous Hospital Experiences



*“..... the thought of having to go to Wellington Hospital again, that big clinical room with two gynaecologists who are male, that was not something I was keen on, so when they said I could come here, I was really happy.”*

*“going into town - waiting, nobody smiles at you, nobody talks to you.”*

*“I felt there was a lack necessarily of consideration or empathy to what I was currently going through and it was more like that very medical clinical way of being so it was very this is what’s happened, you’ve got an abnormal smear, you need to book an appointment, you need to go into Wellington..”*

*“ostracised”*

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## Five Themes:

1. Everyone was welcoming & friendly
2. Environment was familiar, welcoming & not clinical
3. Clinic was accessible
4. Agency
5. Building on the experiences



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# Everyone was welcoming & friendly

*“run by women who really care, so it does feel like a safe space”*

*“I didn’t feel just like a patient – I was welcomed right from the start, it was beautiful. So I think that kind of environment for someone who’s anxious, who’s really feeling quite terrified, you just really gave that warming sense”.*

*‘Women know and understand other women's journeys and bodies from their own experience. So when you can have a laugh and normalise those things, it makes you relaxed.’*



# The environment was familiar & non clinical

*'Allowing the kids... there's a big garden outside; he can go and play under the trees. His mum is sitting under the trees now.'*

*'I much rather prefer coming here. I like that everyone's wāhine Māori, it's a lot more comfortable, it feels a lot more comfortable just coming up the road than going into Wellington or going into hospital.'*

*'They took me through the entire process, made me feel comfortable, told me what was happening each time, what I needed to do as well and then also explained to me the different levels, I think there's like low, high and you know, potential cancer, treatments for it before it turns into cancer so that was really helpful.'*

*'it's just in my community – you know, I grew up around here, so it's kind of nice just to drive down the road.'*

*'... you're in your own environment, you're in your own place with people who understand you and know what your worries might be.'*



## **The clinic was accessible**

*'... with it being local it's easier for them to come in and then also being on the marae people feel more comfortable coming'*

*'Oh parking's a huge issue, you know it's finding parking....trying to find a park at that time is just a nightmare....the minute that I get the phone call or the letter, you know what I mean, like I'm then having to deal with the anxiety of finding a park, getting to the hospital...'*

*'...because I was like oh my God I've gotta go to town, gotta take a day off, but then they said that they have it there, this clinic, it's in my area. I'll take that option. When I was like what time do I need to finish work, they said five o'clock, it was like that works for me...'*

*'...it's kind of easier to get to and the parking.... well it's not paid parking so it's nice, you can just go and park, there's heaps of parking space.'*

# Agency

*'...being able to go a marae, to where it's not busy, you know it's whānau orientated, it felt like I was able to make a better decision about my health.'*

*'... with going to the hospitals where it's not necessarily coming from a culturally competent place, all of my worries were alleviated when I went to the marae clinic.'*

*'It's nice to just be in a peace, and in a quiet place when you're having it, you know, going through the colposcopy.'*

*'...it was a woman doctor, so in all my life, in my teens, whatever years as an adult, but in all my child-bearing years and stuff, I've never actually had a female doctor.'*

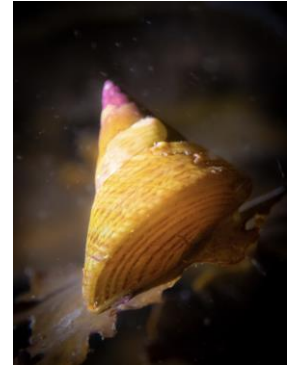


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# Agency

*'...I was able to make a better decision about my health .... it was the preparation before I even got there....because of that, anxiety was minimised from not having to go to the doctor or hospital, not having to find a park, not having to worry. You know like am I going to get towed away, or was that the right place to park... and then having to wait in the waiting area with 30 people.... so because I didn't have to deal with any of that, I felt like for the first time in my adult life as a woman that I was able to make an informed decision about my health.'*

*'it's giving you back that tino rangatiratanga'*



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# Building on the experiences



*'I have been nervous and anxious about it because, you know, what you hear is something's abnormal in your smear and that immediately means it could be cancerous right. So that is the first thought you go to and I just said I can turn off the neon cancer sign because she's been really reassuring now that I've made it [here]'*.

*'I don't think if there wasn't much focus on the women's health, I wouldn't be coming in and I'd probably end up with cancer just like everyone else because, you know, there wasn't much focus on us, especially with it being local...[the clinic] also puts an emphasis on women, putting themselves first which we don't... I'd like to see more clinics available because this area is huge and if we had the one clinic here, that's not going to cater for everyone.'*

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# What Success Looks Like



*“I’d come back here at the drop of a hat, you know like if I need to come back, I’d love to come back here.”*

*“Like if I had to go back, I would not be anxious about it because I know that I’ve gotta go there and I’m gonna be heard and I’m gonna be listened to and fully supported through that and like a pastoral sense as well.”*

*“...I just think having a health clinic at the local marae is a huge step, for Māori women in particular, and Pacifica.. Like, who, 10 years ago thought we could have a health clinic on a marae?!”*

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# Moving forward:

- Clinics are feasible
  - Same number of wāhine seen per clinic
  - Marae based clinic welcomed by wāhine
  - Things can be done differently, leading to a better experience.
- Clinics at Ora Toa Takupūwāhia
  - Iwi lead General Practice in Porirua



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# HRC Project Development Grant

## Extend community colposcopy across Wellington Region

- More community co-located colposcopy clinics
  - Hora Te Pai, Kāpiti
  - Ora Toa Canon's Creek
    - Lletz procedures
- Continuing similar model of care
  - Local staff: nurse & kaiawhina
  - Additional colposcopist
- Blueprint a model of care that can be rolled out to other regions
- Development of resources



## Acknowledgements:

Wāhine who shared their kōrero

Health Research Council Research Activation Grant

ASCCP Research Grant

Maraeroa Marae Health Clinic Team

Te Whatu Ora Capital & Coast Women's Health Clinic Team

Mana Wāhine

